Syracuse University

Office of Student Assistance

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Dear Students and Syracuse University Community,

We, in the Office of Student Assistance, want to acknowledge that our country and our campus have been deeply impacted by the election cycle, which at times has become a venue for hatred, hurtful, and divisive statements and sentiments. Whether the election was a celebratory event or a disappointing event for you, we hope that our community both at Syracuse University and across the country will move forward in healing and coming together. We strive to be an environment which encourages discourse and positive action and we encourage everyone to take the time to reflect inwardly, to take care of yourself as well as those around you.

It is important to seek support from the many resources available here at Syracuse University. Our office is one of those resources. Please feel free to contact us at 315.443.4357 or at studentassistance@syr.edu (mailto:studentassistance@syr.edu) . We challenge ourselves and those around us to strive toward healing and to take action to enhance our community to become a safer, more inclusive environment in which we celebrate our differences and the value that each individual story and experience brings to our campus community and our humanity.

-The Office of Student Assistance Staff



News and Events (http://)

April is Sexual Health Awareness month! Check out the calendar of events. (http://healthpromotion.syr.edu/sexual-and-relationship-violence/sexual-assault-awareness-month.html)

Need a moment to relax? The Mindfulness Day (_images/mindfulness.pdf) event is April 12th! Stop by and unwind.



Orange After Dark (http://oad.syr.edu)

Orange After Dark is a series of epic late-night activities that give Syracuse University undergraduate students fun and unique options after 10 p.m. Connect with other students and enjoy some great on and off-campus events and programs.

Check out the Orange After Dark events (http://oad.syr.edu/events/).



Programs and Outreach (http://)

We are in solidarity with our trans and gender nonconforming students. We affirm your right to exist on college campuses and beyond. We see you and we're here for you. CNY Solidarity Statement (https://cnysolidarity.org/2017/03/02/cny-solidarity-statement-on-trump-attack-on-trans-rights/)

Request a Health Promotion and Wellness workshop (http://healthpromotions.syr.edu/Resources/request-a-program.html) for your student group.



It's On Us SU (http://)

Spring It's On Us Week of Action Calendar of Events (http://healthpromotion.syr.edu/sexual-and-relationship-violence/week-of-action.html) - April 3 - April 7th

It's on all of us to do our part in combating sexual and relationship violence. Join the movement to end sexual assault.

Learn more about the It's On Us campaign. (http://healthpromotion.syr.edu/sexual-and-relationship-violence/its-on-us.html)

Contact

306 Steele Hall
Syracuse, New York 13244
Phone: 315.443.4357
Email: studentassistance@syr.edu (mailto:studentassistance@syr.edu)

Departments

Career Services (http://careerservices.syr.edu)

Counseling Center (http://counselingcenter.syr.edu)

Disability Cultural Center (http://sudcc.syr.edu)

First Year & Transfer Programs (http://orientation.syr.edu)

Fraternity & Sorority Affairs (http://fasa.syr.edu)

Health Services (http://health.syr.edu)

Health Promotion (http://healthpromotions.syr.edu)

Hendricks Chapel (http://hendricks.syr.edu)

Learning Communities (http://lc.syr.edu)

LGBT Center (http://lgbt.syr.edu)

Multicultural Affairs (http://multicultural.syr.edu)

Off-Campus & Commuter Services (http://occs.syr.edu)

Parents Office (http://parents.syr.edu)

Recreation Services (http://recreationservices.syr.edu)

Residence Life (http://orl.syr.edu)

Schine Box Office (http://boxoffice.syr.edu)

Slutzker Center (http://international.syr.edu)

Student Activities (http://studentactivities.syr.edu)

Student Assistance (http://studentassistance.syr.edu)

Student Centers & Programming Services (http://scps.syr.edu)

Student Rights & Responsibilities (http://studentconduct.syr.edu)

Tennity Ice Pavillion (http://skate.syr.edu)

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